

## MANAGEMENT REPORT

## APPENDIX II

### Performance Management Report 1<sup>st</sup> October to 30<sup>th</sup> November 2019 Sports Development update

#### Club and Coach Development

The AGM's of both Newark and Sherwood Sports Council and Southwell Sports Forum was held in early October 2019, with 14 clubs represented across the two groups.

In order to maintain momentum, the N&S Sports Council met for a second time during the period, with 17 individuals in attendance, representing 10 clubs. There has been a working group established for a 'Festival of Sport 2020'. Alongside this, a social media group will also meet to develop a social media account with 4 volunteers nominated, to manage the account.

The team invited all lawn bowls clubs to a meeting to discuss the support that is available to them. A representative was also present from the Bowls Development Alliance, the National Governing Body for the sport. There were 8 clubs represented, with many clubs sharing the challenges they face, with increased maintenance costs and a decreasing participation. A package of support has been offered and clubs were extremely grateful.

#### Inclusion

In October 2019 the penultimate football session for girls with a disability was held. Over the year there have been 12 individuals regularly attending and benefiting from taking part in both conditioned and small-sided games; with an emphasis on fun and inclusion.

A meeting with Coalfields Regeneration Trust has led to a free programme being planned for the New Year to access Friday night football session at Dukeries Leisure Centre. This will be available to young people aged 11+. Due to the unique way that it will be funded, the sessions will be ongoing, led by professional coaches and at no cost to participants. Meetings will take place with both the Dukeries Academy and the Dukeries Young People's Centre in the coming weeks, to ensure that engagement is maximised with local young people.

Over October and November 2019, 7 new VISPA volunteers were recruited, working across all 4 centres; in addition, there has been volunteers placed in the community clubs, at the Super 1's Disability Cricket session. A work placement was provided to a pupil from Newark Academy in October, offering the opportunity to experience a number of roles within the NSFC.

The team also engaged with young people in the district looking to have a career in sport and leisure by attending both a 'mock interview' morning at The Minster School and also by doing a

presentation to BTEC students at Newark College, discussing opportunities at Active4Today. Information was also provided to the participants on the forthcoming 'VISPA Academy', which is being launched by the Company and will give volunteers valuable work based leisure knowledge as well as free training courses aimed at upskilling the young people.

### Active Lifestyles

The team have been working on a plan for raising the profile of the national campaign 'RED January'. The campaign highlights the positive effect that physical activity has on mental health, encouraging people to be active every day of the month. There will be a daily social media post sharing ideas of how and where people can be active alongside a series of inclusive 'introduction to' sessions delivered at all sites. There are a number of partners involved including local sports clubs and community groups.

Staff have visited Beaumont House Hospice, Newark, to arrange and organise some sessions for an 'activity week' to be held in 2020. This will enable those in hospice care, to take part in a variety of wellbeing activities both for their physical and mental health.

There has been a continued promotion of the low level classes and activities on offer i.e. GP Referral, Heart Fit and chair exercise classes. The Active Lifestyles Officer has visited many established groups including a pulmonary rehabilitation group and diabetes management groups, as well as making further links with other local social groups, that meet in community settings.

Following the success of the Junior Parkrun at Dukeries, A4T has given away several 7 day free leisure centre passes to participant, as well as the opportunity for their parent and or carer to join them free also. The 7-day passes, allow access to all facilities at Dukeries Leisure Centre, encouraging families to participate in physical activity together.